#### Activities conducted by Maharashtra College NCC GIRLS unit in the academic Year 2021-22

#### Name of the activity Number of Sr. Date Page No. participants/beneficiaries No. Female Total Male 1 International World 06/06/2021 20 25 25 Environment Day (Tree Plantation at cadets home and surroundings 2 One day International Yoga 21/06/21 60 60 Day 3 Blood Camp at Church gate 15/07/21 10 10 station 4 **Online Cancer awareness** 10/08/21 15 150 165 programme Puneet Sagar Abhiyan(Beach 5 26/10/21 45 45 cleaning activity at Haji Ali) 6 **COVID-19 VACCINATION** 48 52 100 CAMP 27/10/21 7 25/11/21 Self DEFENSE 04 130 134 Workshop(Aatma Raksha) Blood Camp in college 30/11/21 8 32 18 50 campus Intercollegiate Online Debate 21/12/21 9 28 28 Competition Homage to 10 15/12/21 23 45 68 Late Gen.Bipin Rawat, CDS and other officers 11 Puneet Sagar Abhiyan at 23/12/21 98 98 Juhu Beach(Cleaning and awareness) 12 National Integration 24/12/21 48 48 Awareness Programme(Competition state wise) 28/12/21 25 13 Adventure activity- Trekking 25 at Vangani 14 Puneet Sagar Abhiyan Beach 31/12/21 19 19 cleaning and awareness programme at Girgaon Beach

#### Index

Name of the activity	World Environment Day celebration		
In collaboration with			
Objectives of the activity	<ul> <li>To make cadets aware of the environmental hazards.</li> <li>To encourage cadets to take care of the environment and plant saplings.</li> </ul>		
Brief description of activity	<ul> <li>International Yoga Day was celebrated</li> </ul>		
Date	06/06/21		
Class/participant/level	NCC Cadets and NCC Officers along with family members		
Number of participants/ beneficiaries	Male = Female = 60 Total =60		

# One day International World Environment Day





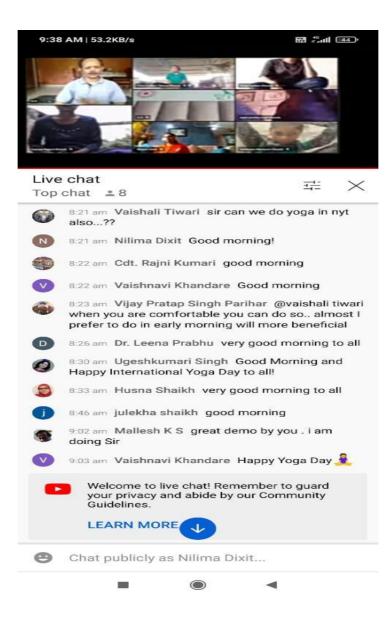




## International Yoga Day

Name of the activity	International Yoga day		
In collaboration with	NSS		
Objectives of the activity	<ul> <li>To make cadets and community aware about the importance of Yoga</li> <li>Yoga is best exercise</li> <li>It calm mind as well as body</li> </ul>		
Brief description of activity	<ul> <li>International Yoga Day was celebrated in the world to make mind and soul healthy.</li> <li>Yoga trainer Dr. NK Sharma and Dr. Mayuri Joshi conducted session.</li> </ul>		
Date	21/06/22		
Class/participant/level	Junior & Degree college students, teaching & non- teaching staff, Principal and NCC Officerss		
Number of participants/ beneficiaries	Male = 20 Female = 25 Total =45		











#### Blood Camp in Church gate station

Name of the activity	Blood Camp in Church gate station			
In collaboration with	Jagjivan Ram Hospital (W.Rly)			
<b>Objectives of the activity</b>	<ul> <li>To save the life by donating blood</li> </ul>			
Brief description of activity	<ul> <li>During Covid-19, pandemic situation there was scarcity of blood in blood bank. Under such situation NCC unit with the collaboration blood bank and Railway station started camping for blood donation.</li> </ul>			
Date	15/07/22			
Class/participant/level	Junior & Degree college students, teaching & non- teaching staff			
Number of participants/ beneficiaries	Male = Female = 20 Total = 20			

JAG.	HVAN RAM HOSPITAL (V	V.RIV).
Marat	tha Mandir Marg, Mumbai	Central 100 008
Ulotan Sanà	and Manan Marge	
То		
NSS Unit		
Maharashtra College Arts	, Science	
And Commerce		
Mumbai Central.		
Sub.:- NSS Volunteers f	or Blood Donation Cam	p at Churchgate Rly. Statio
	or Blood Donation Cam	p at Churchgate Rly. Statio
Sub.:- NSS Volunteers fo Dear Sir,	or Blood Donation Cam	p at Churchgate Rly. Statio
Dear Sir,		
Dear Sir, We are Please to	o know that 20 Volunteer	p at Churchgate Rly. Statio
Dear Sir, We are Please to	o know that 20 Volunteer	
Dear Sir, We are Please to 2021 Blood Donation Car	o know that 20 Volunteer mp.	rs are coming for our 15th July
Dear Sir, We are Please to 2021 Blood Donation Car 1.Ansari Abdullah	o know that 20 Volunteer mp. 2.Shaikh Abutallah	3.Vivekanand Kushwaha
Dear Sir, We are Please to 2021 Blood Donation Car 1.Ansari Abdullah	o know that 20 Volunteer mp.	rs are coming for our 15th July
Dear Sir, We are Please to 2021 Blood Donation Car 1.Ansari Abdullah 4.Shivam Dubey	o know that 20 Volunteer mp. 2.Shaikh Abutallah	3.Vivekanand Kushwaha
Dear Sir, We are Please to 2021 Blood Donation Car 1.Ansari Abdullah 4.Shivam Dubey 7.Rishikesh Singh	o know that 20 Volunteer mp. 2.Shaikh Abutallah 5.Raj Dubey 8.Arun Gupta	3.Vivekanand Kushwaha 6.Vinay Yadav 9.Guljar Shaikh
Dear Sir, We are Please to 2021 Blood Donation Car 1.Ansari Abdullah 4.Shivam Dubey 7.Rishikesh Singh	o know that 20 Volunteer mp. 2.Shaikh Abutallah 5.Raj Dubey	3.Vivekanand Kushwaha 6.Vinay Yadav
We are Please to 2021 Blood Donation Car 1.Ansari Abdullah 4.Shivam Dubey 7.Rishikesh Singh 10.Shabnam Khan	o know that 20 Volunteer mp. 2.Shaikh Abutallah 5.Raj Dubey 8.Arun Gupta	3.Vivekanand Kushwaha 6.Vinay Yadav 9.Guljar Shaikh
Dear Sir, We are Please to 2021 Blood Donation Car 1.Ansari Abdullah 4.Shivam Dubey 7.Rishikesh Singh 10.Shabnam Khan 13.Huda Ansari	o know that 20 Volunteer mp. 2.Shaikh Abutallah 5.Raj Dubey 8.Arun Gupta 11.Shaikh Kyaf 14.Ruhi Khan	3.Vivekanand Kushwaha 6.Vinay Yadav 9.Guljar Shaikh 12.Parveen Ansari 15.Ruby Kushwaha
Dear Sir,	o know that 20 Volunteer mp. 2.Shaikh Abutallah 5.Raj Dubey 8.Arun Gupta 11.Shaikh Kyaf	3.Vivekanand Kushwaha 6.Vinay Yadav 9.Guljar Shaikh 12.Parveen Ansari

Please tell volunteers to carry this letter which will help them to entry in Railway Station & Rly. Ticket. We are submitting this letter to Station Manager also. Thanking You.

With Regards Jagjivan Ram Hospital (Western Railway) Blood Centre, Mumbai Contral, elsen ma gint Hara Sr. Divit Medical Officer Western (Up. Jagreen Rose Despaced Muniter Control

-

-		WESTERN R	AILWAY	
	No. C. 2/3 Vol.X1	WESTER		ional Office,
			Mum	bai Central,
	To,	14	DL.13	bai-400 008. 2.07.2021
	Sr DMO & Blood Ba	nk I/C/JRH - BCT		
	Sub: - Acces	s to station premises.		
	Ref: - Your N	lete No. Monoulino(11/B	lood Camp dtd. 07/07	//2021
		our letter cited above, it		
	Sr. No.	Station	Date	
		ADH	13/7/2021	
	3	CCG	15/7/2021	
	4	ADH	20/7/2021	
	for the nurners Play	ase note that the following	cerned Station Super	intendent W. Rly.
	<ol><li>There should</li></ol>	not be any use of loudsp	eakers or any instrur	nent of such kind.
	public.	public fury or cause inc		
	3) The display r	naterial should not in an	way offend public t	aste. There shall
	4) The code of c	onduct of the personnel's	gn and matter of the	display material.
	in no way be	exhibiting any religious or	political vendetta.	
	5) The permissic	on is valid subject to prior of the same should be har	permission from the	concerned GRP /
	<ol><li>The personne</li></ol>	/ volunteers engaged by	the applicant should	f have valid entry
	permit /ticket	on the railway premises. on is granted up on the s		
	no claim v/ill b	be entertained on any kind	f of loss by railway ac	ministration
	<ol> <li>8) Railway admin</li> </ol>	nistration reserves the rig	hts to modify or cand	el the permission
	station concer	igh a letter or a telephoned.		
	9) No any kind o	f activity should be condu	cted on any FOB's of	railway stations.
	<ol> <li>It should be</li> </ol>	e at the corner where leas e no cause of hindrance to	the movement of na	ngers. ssengers.
	12) Any kind o	of money transaction is	strictly prohibited.	
	13) The domition area.	camp or canvassing shall	not be on any FOB o	r mass public
	14) All precaution	ns, social distancing and g	overnment norms to	be taken care of.
	15) All Govt prote	rs are not put to inconven	be maintained and i	t to be ensured
railv	Necessary action will vay administration re med proper.	be initiated if any of the serves the right to revok	e and amend permis	sion at any time
		20 M	a core	
-			For Divisional	Railway Manager
1.0			(Commercial) M	1umbai central
K D	CI. SE - ADH, BYI, C	CG kindly ensure that all i	he lostructione enlist	ed complied.
OF.	1.			
6,64	C/- Sr.Insp.GRP/RPF	- ADH, BVI, CCG for inform	nation.	
1Here	2/ Sr. DEE/P/MMCT	- For information & nec	essary action please.	Nelecci
we w	IT SALIER	t	101-	Some
STATE	HANAGER MALWAY		- AL	2.01 2000 500 100 100 100 1005
RCHGATE	WESTERN RALWAY	मार्थनेक कोहनार्थ पोट		inspector
	-	same the structure and		R PF Churchgate (W



JAGJIVAN RAM HOSPITAL (W.RIy), Maratha Mandir Marg, Mumbai Central – 400 008.

Date: - 14/07/2021

ulptiji Scid Western Railway To,

To, The Station Superident/ RPF/GRP Churchgate Railway Station, Western Railway.

Respected Sir, .

We are Organizing Blood camp at Churchgate Railway Station on 15<sup>th</sup> July 2021 for which we have received Railway Permission. We have invitated 20 NSS Volunteers from Maharashtra College Art, Science & Commerce Mumbai Central ( Programme Officer NSS Dr. Zeenat Praveen Surve and Dr. Rafi Ahmed ) & Mahavir International and Member of for our help.

1.Sunita Anand	2.Shreyans	3.Pranav Salecha
4.Kusum Manish	5.Dhwani	6.Parv Salecha
7.Sargam Javerilalji	8.Pooja Gaurav Chopra	9.Tishaan Chopra
10.Parasmal Golecha	11.Navratan Parakh	12.R.R. Botha

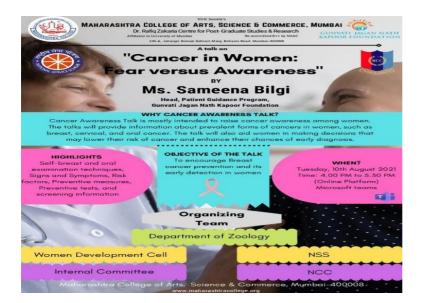
List Attached Kindly allow them to enter in Railway Platform. Please issue them railway ticket to attend this camp. Thanking You.

3	With Regards
	Jaglivan Railway) Blood Centre, Mumbai Central, Mumbai Central, Jaglivan Railway) Blood Centre, Mumbai Central, Jaglera Rah Uspan Jaglera Rah Uspan Mumbai Comet

Talk on "Cancer in Women: Fear versus Awareness"	

Name of the activity	Talk on "Cancer in Women: Fear versus Awareness"			
Date and Time:	10 <sup>th</sup> August 2021 at 4. 00 PM			
In collaboration with	Zoology dept, WDC, IC, and NCC			
Objectives of the activity	Cancer Awareness Talk was intended to raise     cancer awareness among women			
	<ul> <li>cancer awareness among women.</li> <li>The talk likely to help women in making decisions that may lower their risk of cancer and enhance their chances of early diagnosis.</li> </ul>			
Brief description of activity	<ul> <li>The talks provided information about prevalent forms of cancers in women, such as breast, cervical, and oral cancer.</li> <li>Ms. Sameena Bilgi, Head, Patient Guidance Program, GunvatiJagan Nath Kapoor Foundation was invited to deliver the lecture (online) because of his contribution to Cancer Awareness.</li> </ul>			
Date	10 <sup>th</sup> August 2021			
Class/participant/level	NCC cadets and stream and participants across the			
	country			
Number of participants/	Male = 15         Female = 150         Total = 165			
beneficiaries				

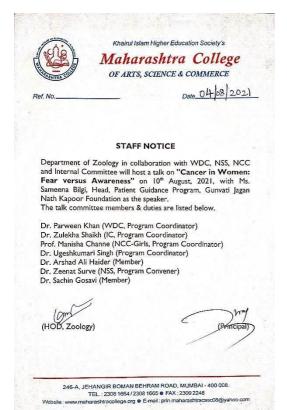
**FLYER** 



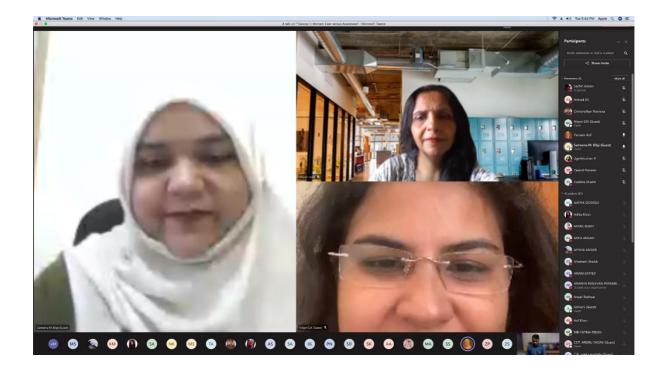
#### **ONLINE MEETING SCHEDULE**

-	2000 V/A		Calendar   Microsoft	1803		
	Calendar					S Meet rose + New meeting
.9	Today ( ) August 2025 V					巴 Work new
	09	10	11		12	13
	Manda	Tankiy	Website		Theory	1100
tan	SPEc Zoology (Sadike Sadim Source B	Pitte Jodage (lictor) Salte Soule	This Suran Sales		PMIs Zuology (bashni Sachin Genant B	
	PHRs Lacker (Dr. Zanka) PHRs Zoology (2021-22)/Denvisi Person Factories	5955; Zoolage (Dr Zoonal) 2955; Zoolage (Dr Antral) 2955; Zoolage (Dr Antral) Arrest Nessers	7456 Zookay (Sahki) Sahin Gose	SPBS: Zoology (Singh) SPB1: Zoology (SICI-12)/General Openidence (A	PMBs Doollege Google PMDs Doolege (2011 d2):General Topolocenal &	
	1985 Lenters Dr Zennell 1986 Junitys (2011-02) General Design Persons	1795s: Zentrege Elle Andrail; Antrail Rit	798s setter (D-Dend 598s Dong) (DD-02/Grent These Proves		SYME being (b Achai) 7985 Being Singh Anne Ai	
	Trific Toologi Shigh Trific Toologi Shigh Trific Toologi Shigh Shighter via Shighter via P	Pillis Lense ( & Jenne) Pillis Zoring (2015-22/General	949k Zoologi (2: Zeevar) 929k Zoologi (2011-12)/Second 2arral:747408			
	PMIs Technig Provided Kingki PMIs Zoologi (SGT 20)/Gerand Speritienen P	Stiffs Jandage Provincel Gingh Stiffs Jandage (2019: JahrGennel Sperimenen 1	SNMs Teaksy headed (In Andral) Ashal H	Phile Zoology Practical - Seminar Proceedings - Mandai, Of Forsilinita Phile Zoology (2021-2024/event) Upolificment R III	Print Insing Partial Dr Aniel Actual II	
	PPEC Doubge (201-42)/in west PPEC houbge (201-42)/in west Down Farmer	Orsentation Program (3195): Zaukogri 2001 22 Seden Japoni				
1pm			Mycalericar			
			A talk on ""Cancer in Wor versus Awareness"			
Apr.		A field on "Cancer in Warners Free version Real-monet" Tacher Tamani	10 August 2021 4.00 pm - 6.00 pm		Propert Guidance & Aquarium maintenance (Kall No. 104 to 102) Souther Second	
5.pm			ea https://turns.risraedicary	(71113.p. jóř.,	10 Project Goldance IF Facel Gallane (Bull No. 168 to 168) Souther Generic	
in.			Out with participants			
i per l			8 Sectio Scient			
	Deems tind for the Terremon Bilg: Tarlin Group					
2 pr						
2.94						
8.94						
H.pe-						
		Investigation of the second se				Investigation along antigeneers # 3 TMMs Tarrings (2015,17)

**Notices** 





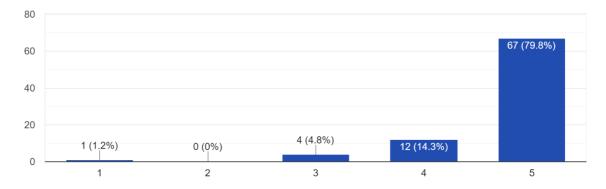


#### LINK TO ATTENDANCE RECORD

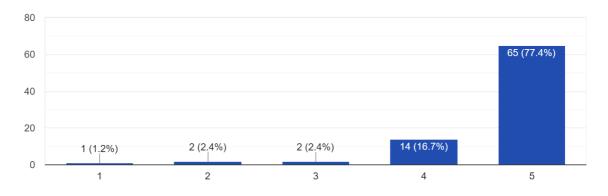
#### https://docs.google.com/spreadsheets/d/1b6BAnuT15JLVq9IIjgVvUL69AeKcZuU9/edit?us p=sharing&ouid=107794811384024303054&rtpof=true&sd=true

#### **FEEDBACK**

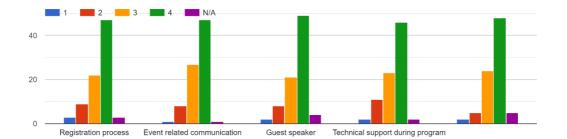
How satisfied were you with the talk? <sup>84</sup> responses



How relevant and helpful do you think it was? <sup>84 responses</sup>



#### How satisfied were you with the logistics?



## Webinar on "Marine Pollution"

Name of the activity	Puneet Sagar Abl	Puneet Sagar Abhiyan			
Date and Time:	26/10/21 at Haji Ali cleaning premises and the beach				
In collaboration with	1 Mah Girls Bn NCC				
Objectives of the activity	Cleanliness of the premises and the beach.				
	Making people aware about the importance of the				
	cleanliness.				
Brief description of activity	<ul> <li>48 cadets along with NCC officer and 2 PI Staff from mah Battalion participated cleaning activity at Haji Ali Dargah under puneet sagar Abhiyan and collected 250 kg of plastic waste and hand over to the BMC authorities</li> </ul>				
Date	26/10/21				
Class/participant/level	NCC Cadets				
Number of participants/	Male = 02 Female = 49 Total = 51				
beneficiaries					









#### **COVISHIEL VACINNATION CAMP**

Name of the activity	COVISHIEL VACCINATION CAMP			
In collaboration with	NSS			
Objectives of the activity	<ul> <li>To provide vaccine to very students and teaching and non-teaching Staff</li> <li>Since vaccine is mandatory, facility provided by college by arranging vaccine camp.</li> </ul>			
Brief description of activity	<ul> <li>Around 100 vaccine was given to students, teacher and non-teaching staff. For SY and TY students' vaccine was mandatory, so that they can attain offline class as per the circular from university.</li> </ul>			
Date	27/10/2021			
Class/participant/level	All students above 18 years of age and also people from nearby locality.			
Number of participants/ beneficiaries	Male = 42 Female = 58 Total = 100			





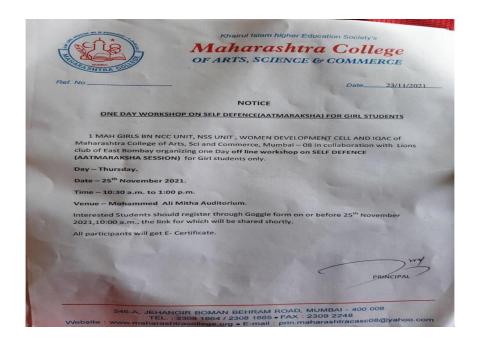






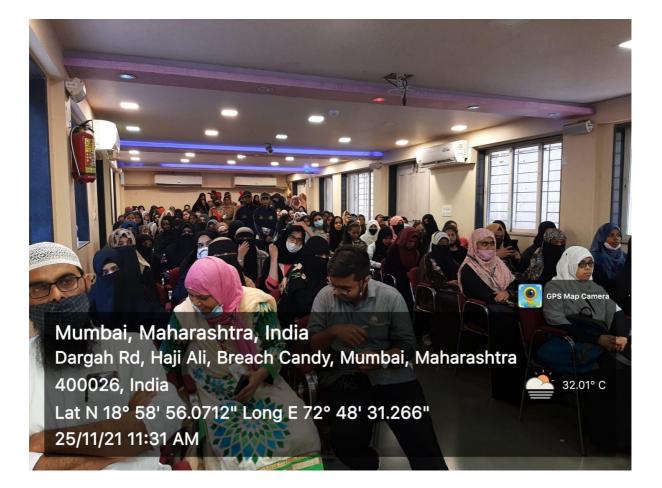
#### Workshop on Self Defense

Name of the activity	Self-defense in college campus	
In collaboration with	NCC, WDC	
Objectives of the activity	<ul> <li>To create self-defense among the girls' students</li> <li>Lecture as well as some small easy tips were explained</li> </ul>	
Brief description of activity	<ul> <li>Due to fear and shy girls also lack their confidence to overcome from such situation girls were trained by expertise of self – defense trainers.</li> </ul>	
Date	25/11/21	
Class/participant/level	All	
Number of participants/ beneficiaries	Male = 04Female = 130Total = 134	





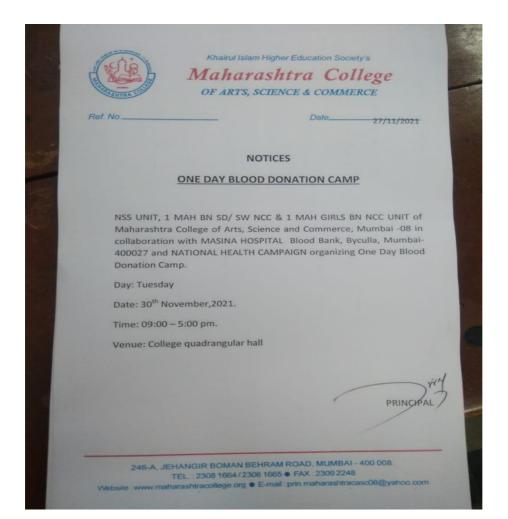




**BLOOD CAMP** in college campus in collaboration with Masina hospital & Nation Health Campaign

Name of the activity	BLOOD CAMP in college campus
In collaboration with	BLOOD CAMP in college campus with collaboration
	Masina hospital & Nation Health Campaign.
Objectives of the activity	To save the life by donating blood
Brief description of activity	Cadets, Students and Ex Cadets donated blood for the
	Nobel cause and collected 50 units of the blood.
Date	30/11/21
Class/participant/level	College students as well as ex-students

Number of participants/	Male = 32	Female = 18	Total = 50
beneficiaries			





### Inter Collegiate Debate Competition

Name of the activity	Online Intra collegiate Debate Competition.	
In collaboration with	14 different colleges participated	
Objectives of the activity	<ul> <li>To create awareness about the present issues of the society and also of the Nation.</li> <li>To develop courage among cadets by participating in Debate.</li> <li>To create speaking skills among the cadets</li> </ul>	
Brief description of activity	<ul> <li>Total 16 cadets participated in two different groups.</li> <li>Event was judge by the online mode.</li> </ul>	
Date	21/12/2021	
Class/participant/level	NCC Cadets	
Number of participants/ beneficiaries	Male =Female = 16Total = 16	

• Name of the event - Online Debate Competition on

Topic-1. Should we ban packed water bottles ? 2.Is new rule regarding Female entry in NDA

#### Winners Details-

First Group Topic – Should we ban packed water Bottles			
1 <sup>st</sup> Position – Cdt. Vibha Mishra	Class-S.Y.B.SC.	Roll Number -105	
2 <sup>nd</sup> Position – Cdt. Madhu Shukla	Class – S.Y.B.A.	Roll Number -229	
3 <sup>rd</sup> Position – Pooja Kadam	Class-T.Y.B.SC.I.T.	Roll Number -21	

Second Group Topic – Is New rule regarding Female entry in NDA is acceptable			
1 <sup>st</sup> Position – Ramiza tuba Shaikh	Class – F.Y.B.A.	Roll Number -227	
2 <sup>nd</sup> Position- Nashra Zaidi.	Class – F.Y.B.Sc.	Roll Number -164	
3 <sup>rd</sup> Position – Shruti Bora.	Class – S.Y.B.M.S.	Roll -Number	





#### Activity 10 Homage to Late Gen. Bipin Rawat, CDS and other officers

Name of the activity	Homage to Late Gen. Bipin Rawat, CDS and other officers	
In collaboration with	NSS	
Objectives of the activity	<ul> <li>To pay homage to Late Bipin Rawat, CDS and other officers</li> </ul>	
Brief description of activity	<ul> <li>All college staff and students gather in the college campus. Principal lighted candle and pray for homage</li> </ul>	
Date	15/12/2021	
Class/participant/level	NCC Cadets and the NSS Volunteers	
Number of participants/ beneficiaries	Male = 23Female = 45Total = 68	



# Puneet Sagar Abhiyan at Juhu Beach

Name of the activity	Puneet Sagar Abhiyan at Juhu Beach	
In collaboration with	1 Maharashtra Girls Bn NCC Unit.	
Objectives of the activity	<ul> <li>To create awareness on waste at the beach.</li> <li>To create awareness about the cleanliness and hazards of water pollution at beach</li> </ul>	
Brief description of activity	<ul> <li>Cadets collected 800 kg of plastic waste and disposed to the BMC authorities.</li> <li>Actor Mukesh Rishi also participated for the activity.</li> <li>Cadets performed Nukkad Natak to create the awareness.</li> </ul>	
Date	23/12/21	
Class/participant/level	Cadets	
Number of participants/ beneficiaries	Male = Female = 98 Total = 98	



### National Integration Day

Activity- Competition and Awareness and cultural programme on

States of India (represented three states: Kerala, Maharashtra and Uttar Pradesh)

Name of the activity	Competition and Awareness and cultural programme on States of India	
In collaboration with		
Objectives of the activity	<ul> <li>To create awareness of various culture and traditions of the Various states of India.</li> <li>To create National Integration.</li> </ul>	
Brief description of activity	<ul> <li>Cadets were divided into three groups at to make presentation and performance of Kerala, Maharashtra and Uttar Pradesh and presented details about the states. Cadets were judge as per their performance.</li> </ul>	
Date	24/12/21	
Class/participant/level	Cadets	
Number of participants/ beneficiaries	Male = Female = 48 Total = 48	





#### Activity 13 TREKKING

Name of the activity	Trekking.		
In collaboration with			
<b>Objectives of the activity</b>	<ul> <li>To develop leadership qualities among the cadets</li> </ul>		g the cadets
	• To provide the adventure experience.		
Brief description of activity	25 Cadets participated for the same. They trekked at		
	Vangani and its surrounding 3 kms.		
Date	28/12/21		
Class/participant/level	Cadets		
Number of participants/	Male =	Female = 25	Total = 25
beneficiaries			



# Puneet Sagar Abhiyan at Girgaon Beach

Name of the activity	Puneet Sagar Abhiyan at Girgaon Beach	
In collaboration with	1 Maharashtra Girls Bn NCC Unit.	
<b>Objectives of the activity</b>	• To create awareness of waste at the beach.	
	• To create awareness about the cleanliness and	
	hazards of water pollution at beach	
Brief description of activity	• Cadets collected 150 kg of plastic waste and hand	
	over it to the BMC authorities	
Date	31/12/21	
Class/participant/level	Cadets	
Number of participants/	Male = Female = 19 Total = 19	
beneficiaries		

